

A Antianemic

*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Chemical	Dosage	References
ADENINE	1.5 g/day	Martindale's 28th
ALPHA-AMYRIN-PALMITATE	--	*
AMELLIN	--	ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.
COPPER	--	*
CYANOCOBALAMIN	--	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
FOLACIN	5-20 mg/man/day	*
FOLIC-ACID	5-20 mg/man/day	*
HYPERICIN	IC50=5 ug/ml	*
IRON	--	Martindale's 29th
MANGANESE	--	Martindale's 28th
PYRIDOXINE	50-400 mg/man/day	*
TESTOSTERONE	--	Martindale's 29th
VANILLIN	--	*